

ASD Parent Instructions

Fill out the form to help your child's teacher better understand your child's Autism Spectrum Disorder. It is important that you give all 4 pages (the autism information sheets and the form) to your child's teacher on the first day of school.

Examples are provided below to make the form easier to complete. Please call or send a portal message if you have questions.

Meltdowns are often triggered by: rapid transition from one activity to another, sensory overload, perception of unfairness or injustice, sense of failure

Differences in sensory perception: seems to not react to pain, unable to tolerate dirty or sticky hands, hates skin to feel wet, noises seem extra loud to child

Experiences that may be difficult to tolerate: loud places, crowds (cafeteria, assemblies, pep rallies), large group work, talking in front of the class, changes in the schedule, substitute teacher

Difficulties in peer relationships often start with: interpersonal space, failure to recognize peers are uninterested, failure to understand body language, sharing

Passions include: Paw Patrol, dinosaurs, trains, etc.

Special talents include: computers, math, reading, repeating what was said, problem-solving, willingness to do repetitive tasks

Ways to reduce anxiety: provide a written or picture schedule, provide a safe place for student to escape to when overwhelmed, give student a way to signal the teacher that they feel overwhelmed

General tips: ask this student to be last in line and give an associated task (to reduce issues with interpersonal space), use role play to teach social skills, ask student to monitor peers and report who has best behavior, offer the student the option to eat alone or in a quieter setting, notify parents of special days (field day, field trip, etc.) so parents can discuss it in advance with student